

Unzip Your Genes 5 Choices To Reveal A Radically Radiant You

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In Unzip Your Genes Dr. Stagg provides insight on how you can take practical steps that can radically transform the state of your health and well-being. Inspire a love of reading with Prime Book Box for Kids Discover delightful children's books with Prime Book Box, a subscription that delivers new books every 1, 2, or 3 months — new customers ...

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Unzip Your Genes not only has a clever title, but is an informative and good read. Dr. Stagg provides experienced insight into genomics and explains why we all should be paying attention to our genetic information. I particularly enjoyed Chapter 4 (Exercising Your Genes) and Chapter 17 (Spirit). ...

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Unzip Your Genes (Hardcover) 5 Choices to Reveal a Radically Radiant You. By Jennifer Stagg. Savio Republic, 9781682610343, 256pp. Publication Date: November 15, 2016 Other Editions of This Title:

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136: How to Unzip Your Genes to Understand Your Health ...

In Unzip Your Genes Dr. Stagg provides insight on how you can take practical steps that can radically transform the state of your health and well-being. Editorial Reviews "Fascinating, eye-opening, informative! 'Unzip Your Genes' is a must-read for anyone looking to live a happier, healthier life. Dr. Jennifer Stagg takes her expertise in ...

Unzip Your Genes | Dr. Jennifer Stagg

Your health is not completely predetermined by your genes. By understanding your unique gene structure, you can view your body in an innovative way that allows you to take control of your health and future and bring balance back in your life. Stagg provides an actionable plan to radically transform your health.

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Unzip Your Genes: 5 Choices to Reveal a Radically Radiant You with Dr. Jennifer Stagg. SimsburyLibrary, Neighbor. Jul20. Event Details. Thu, Jul 20, 2017 at 6:30 PM. Add to calendar.

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There is a \$5 per vehicle entry fee, and reservations for a specific time slot must be made online in advance. Guests may secure as many time slots as they wish per week at \$5 per vehicle reservation.

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